Grade 2 and 3 Grade Boys and Girls Coaches on Court

Minimum Standard of Game Play

Optimal Situation: Basket Height, 8 Feet, Youth size ball

Line Players Up

Match kids at the beginning of each quarter with players of same height and skills for man to man defense. An equal learning opportunity for all on court is the goal.

Jump Ball

Each game will start with a half court jump ball. Alternating possession for each jump ball there after.

On Court Coaching

Both Teams should have a coach with whistle on the court instructing and helping gameplay continue without interruptions. As the season progresses, back off and allow kids to make more decisions. Boys - May move to refereed games as season progresses.

Out of Bounds

Out of Bounds loses possession and players will step behind line and pass ball inbounds. Common Sense Check - There is a difference between a player dribbling up the court and a foot touching the line and a ball bouncing off of the walls. Rolling Hills is a small gym. You cannot stop game play for everything, but the kids need to learn.

Dribbling

Walking and double dribbling are not acceptable in basketball. Coaches cannot stop gameplay for everything. Common Sense Check - <u>Double dribbling</u> should be "called" but no possession lost. Walks/Traveling should be "called" but no possession lost. Repeated offenses and offenders should be called eventually and possession lost.

Clock - running clock stopping for subs and quarter end and halftime. Each team received 3 time outs. No overtime. Games resulting in tie remain tie.

Equal Play

All players present play according to Equal Play time sheets. See Equal Play Time sheets under Coaches on Website.

Basket Switch at Halftime

Fouls

Non Shooting fouls will result in possession change and explanation of violation. Call both teams fouls, these girls came to learn. "Reaching in fouls" are the most common foul and should be called right away at the start of the games and throughout the game. These fouls disrupt play and should be addressed immediately.

No points awarded for a basket in the wrong goal. It will be possession lost. Embarrassing mistakes do not build confidence.

Common Sense

Use you whistle wisely. Don't be afraid to teach. Games are the fun! The kids came to play, and are able to play by the rules. Calling everything makes the game stop too often, but not calling anything prohibits learning. Common Sense Check - as the season progresses

Defensive Game Play GuideLines

Defense

Man to Man Defense - Match kids with players of same height and skill. Equal learning opportunity for all on court is the goal.

Double Teaming

No Double teaming on dribble. In the case of Lane Area blocking any offensive player in arms reach of a defender may be blocked.

Picks and Screens

Defensive switching is useful and allowed when defending against proper screen. After play, defender should "recover" by guarding original offender.

No Defense in the Backcourt

No defense in the backcourt.

Foul Outs - just explain what they are doing wrong. At this age they are excited. No foul outs.

Stealing

Stealing is allowed on the pass. No stealing is allowed on the dribble. Coaches are to build dribbling confidence.

Offensive Game Play Guidelines

Stealing

Stealing s allowed on the pass. No stealing is allowed on the dribble. Coaches are to build dribbling confidence.

Dribbling

<u>Double dribbling</u> should be "called" but no possession lost. <u>Walks/Traveling</u> should be "called" but no possession lost. Repeated offenses and offenders should be called eventually and possession lost.

Offensive Stalling

No Stalling the ball. Offense must play ball with purpose to score. Stalling will result in change in possession.

No Score will be kept

Lane Violations

Explain to offense the that it is a violation, but do not penalize.

References:

http://www.upward.org/rules/basketball

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http://osageprairiey.org/wp-content/uploads/2015/01/Youth-Basketball-Rules.pdf

http://www.basketballforcoaches.com/improve-youth-basketball/